



# Welcome!

*We will get started promptly at 12 noon.*



# Opioid Use Disorder & Related Behaviors: Supporting Patients and Families

Name: Orlando Wright, Ph.D., LCSW-C

Date: May 5 and 11



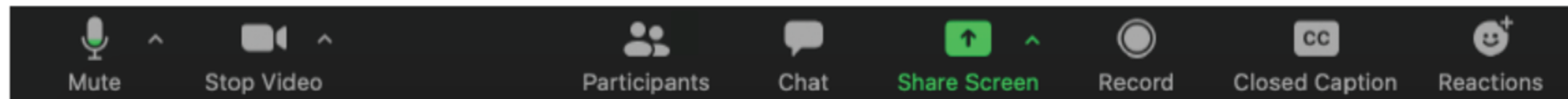
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# Use Chat to introduce yourself & ask questions

## How to use Zoom

At the bottom of your screen, you will see a black bar with icons:



Chat **Everyone** for general comments or questions

# Welcome!

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- Today's session is being recorded
- Although we want active participation, we ask that you please keep yourself on 'mute' during the presentation
- Please introduce yourself (name, organization & role, location) using the Chat feature

# The IPRO QIN-QIO

## The IPRO QIN-QIO

- A federally-funded Medicare Quality Innovation Network – Quality Improvement Organization (QIN-QIO) in contract with the Centers for Medicare & Medicaid Services (CMS)
- 12 regional CMS QIN-QIOs nationally

### **IPRO:**

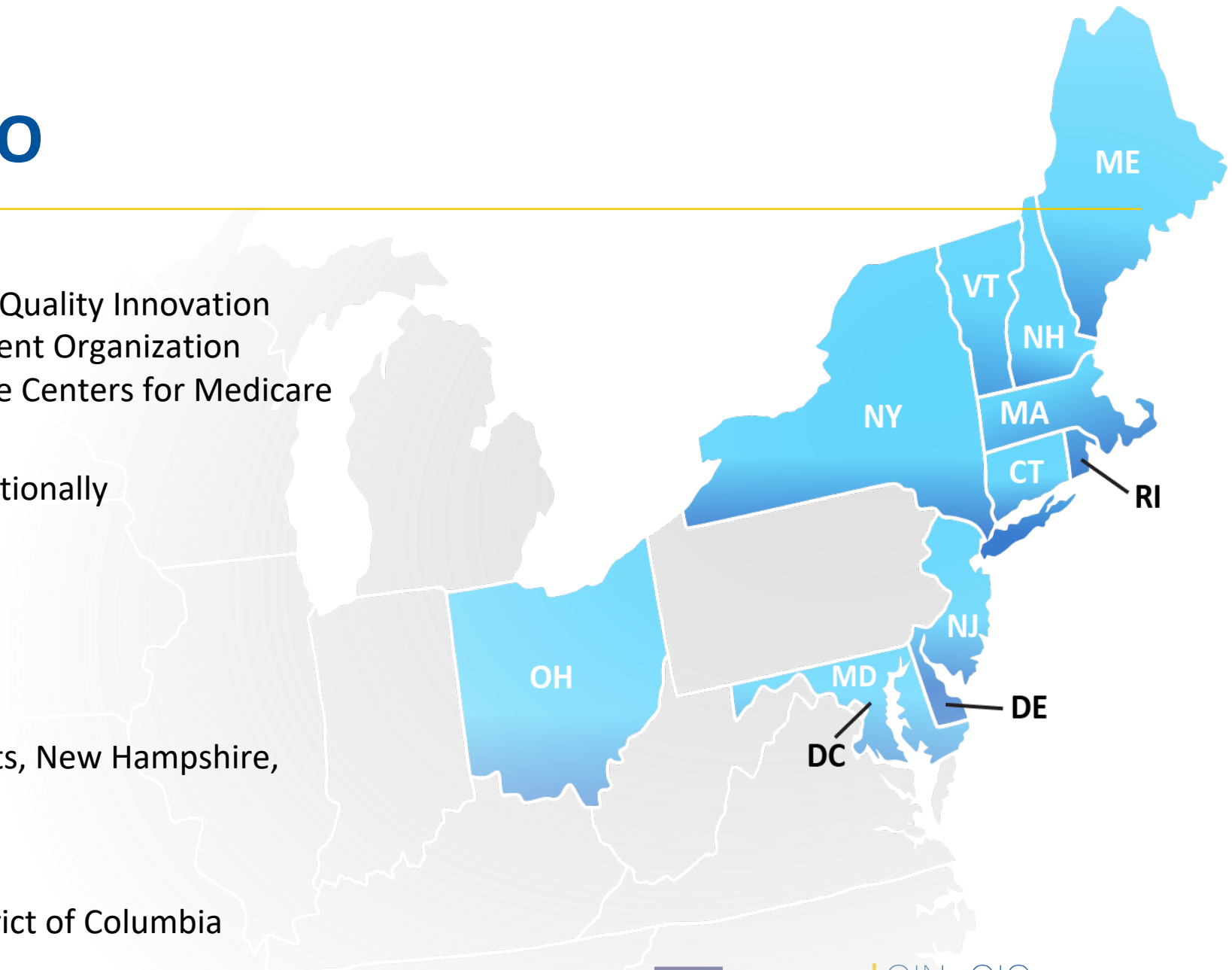
New York, New Jersey, and Ohio

### **Healthcentric Advisors:**

Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont

### **Qlarant:**

Maryland, Delaware, and the District of Columbia



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# IPRO QIN-QIO *small Talk* series

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Our *small Talks* are short, impactful presentations designed to meet your needs during this uniquely challenging time.

Two different topics will be presented on a monthly basis and each *small Talk* will:



*Consider a **challenge***  
*Identify **interventions***  
*Guide you to a specific **result** or outcome*



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# Opioid Use Disorder & Related Behaviors: Supporting Patients & Families

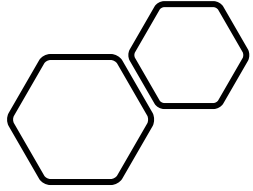
Orlando Wright, Ph.D., LCSW-C

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## Bio

- Director of Partnerships & Innovation at the American Society for Addiction Medicine [ASAM]
- Principal at [Halcyon Clinical](#) an institute for clinical research, treatment, and training
- 20 + years of clinical, management, and innovation experience in Behavioral health
- A behavioral scientist with an interest in the cross section of clinical service delivery, systems development, and technology.



Dr. ORLANDO WRIGHT, LCSW-C



## Learning Objectives

- ☐ Recognize contributing factors, challenges, and scenarios that affect the patients and families
- ☐ Differentiate stages of change and improve collaboration
- ☐ Synthesize core skills to increase effectiveness with patients and families using an evidenced-based framework

# Substance Use Disorder in Context

## AT A GLANCE: THE SIX DIMENSIONS OF MULTIDIMENSIONAL ASSESSMENT

ASAM's Criteria uses six dimensions to create a holistic, biopsychosocial assessment of an individual to be used for service planning and treatment across all services and levels of care. The six dimensions are:



### **DIMENSION 1**

#### **Acute Intoxication and/or Withdrawal Potential**

Exploring an individual's past and current experiences of substance use and withdrawal



### **DIMENSION 2**

#### **Biomedical Conditions and Complications**

Exploring an individual's health history and current physical health needs



### **DIMENSION 3**

#### **Emotional, Behavioral, or Cognitive Conditions and Complications**

Exploring an individual's mental health history and current cognitive and mental health needs



### **DIMENSION 4**

#### **Readiness to Change**

Exploring an individual's readiness for and interest in changing



### **DIMENSION 5**

#### **Relapse, Continued Use or Continued Problem Potential**

Exploring an individual's unique needs that influence their risk for relapse or continued use



### **DIMENSION 6**

#### **Recovering/Living Environment**

Exploring an individual's recovery or living situation, and the people and places that can support or hinder their recovery

Focus of today's talk

# Substance Use Disorder in Context



Readiness for  
change



Recovery  
environment



Who is my  
family/supports



SDOH



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# Psychological Resource

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What is my current  
environment like?



Do I feel  
comfortable?



Self Awareness



You as the  
intervention



# Families in Ethical Context



Individual



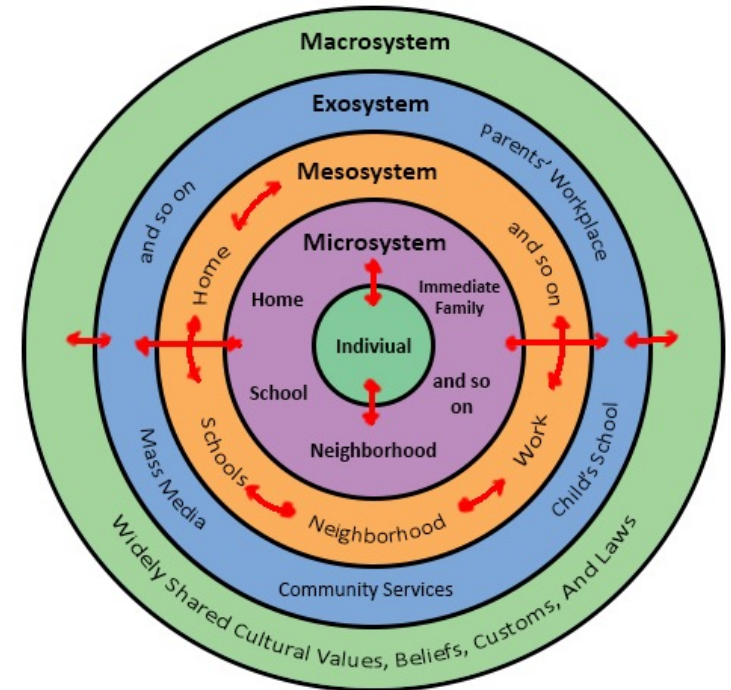
Microsystem



Mesosystem



Exosystem

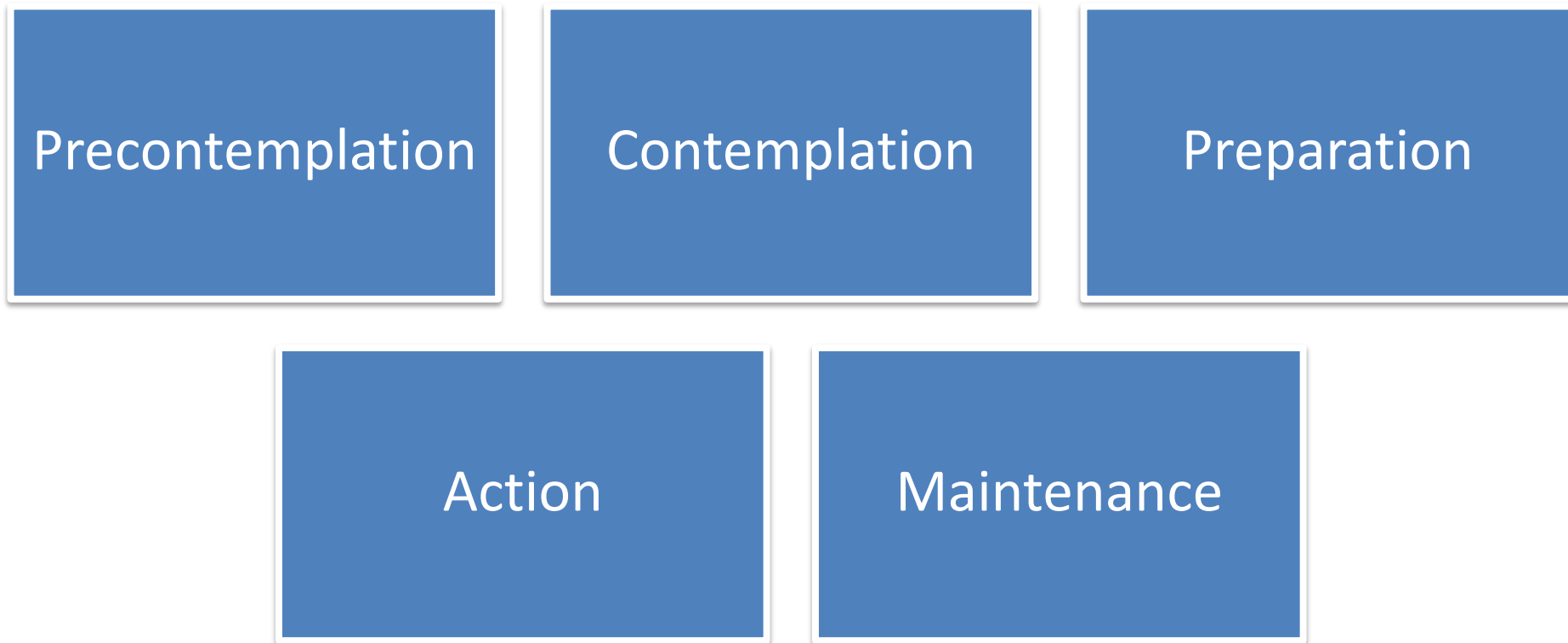


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Pause

# Transtheoretical Stages of Change

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# Fundamentals of MI

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Partnership

Evocation

Acceptance

Compassion



# Fundamentals of MI

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Engaging

Focusing

Evoking

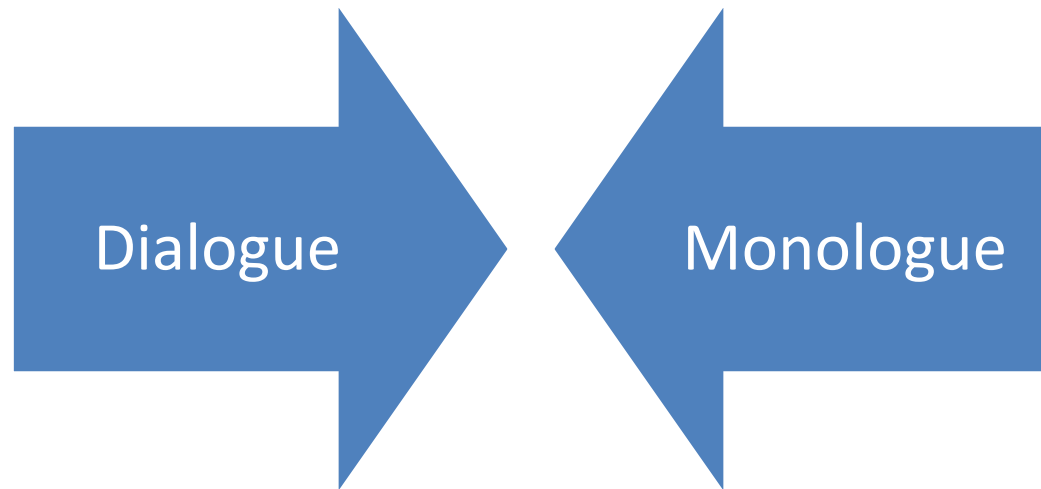
Compassion

What change do  
you want to see in  
the world?

What role will  
you play in that  
change?

# Is it communication?

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# Activity

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## ■ Reflection exercise

- Increase deep listening skills
- Improve comprehension
- Communication is always happening
- Communication is not always effective
- Practice open-ended questions & reflective listening



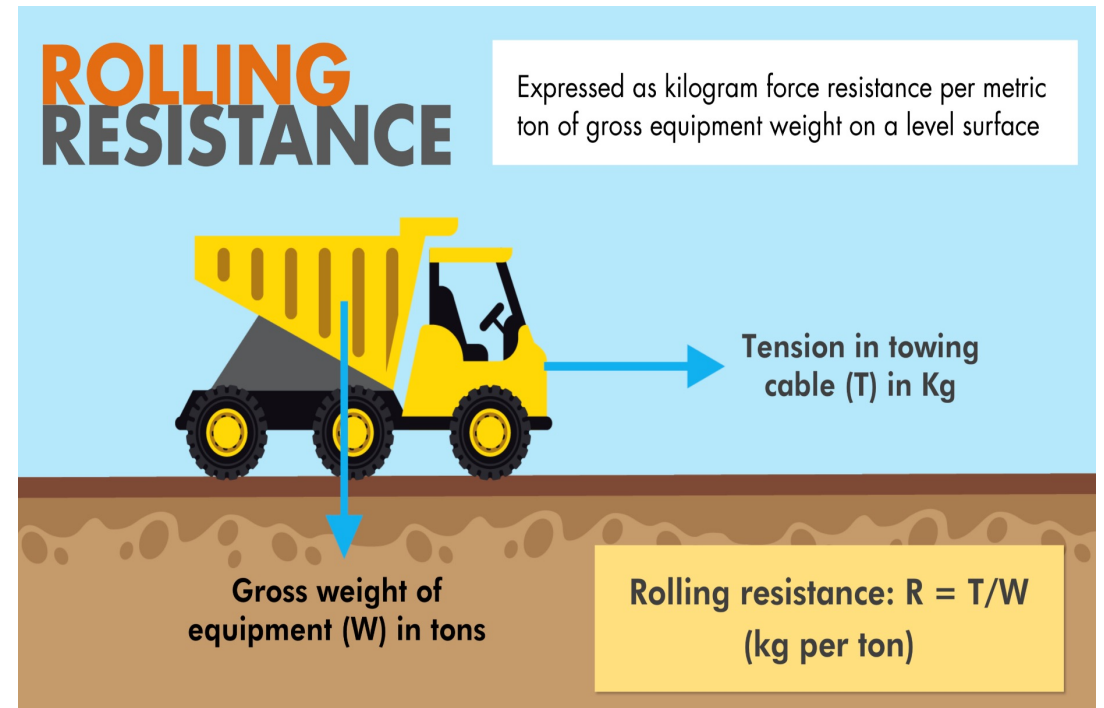
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# Rolling with the resistance

Power relationships

Family Dynamics and  
interplay with healthcare

Myth of the expert



# Questions

1. If there is one thing you could apply tomorrow, where would you start?
2. How do I engage a family member who might be upset with the service that their family member received?
3. Where can I get more resources on being trained in Motivational Interviewing?

# Resources

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- [Mental Health First Aid](#)
- [Stages of change](#)
- [Motivational Interviewing](#)
  - [Motivation Interviewing training](#)
  - [American Academy of Family Physicians](#)
  - [Applying Motivational Strategies](#)
- [Thought exchange](#)



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# References

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- Bronfenbrenner, U. (1979). *The ecology of human development: Experiments by nature and design*. Cambridge MA: Harvard University Press.
- Miller, W.R. & T.B. Moyers (2017) Motivational Interviewing and the clinical science of Carl Rogers. *Journal of Consulting and Clinical Psychology*, 85(8), 757-766
- Prochaska, JO; DiClemente, CC. (1984). *The transtheoretical approach: crossing traditional boundaries of therapy*. Homewood, IL: Dow Jones-Irwin



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# Benefits of Boosters

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Recent evidence shows that among healthcare and other frontline workers, COVID 19 vaccine effectiveness has decreased over time, especially in those 65 and older, at preventing infection or milder illness with symptoms.

- Boosters shots increase immune response
- Boosters shots provide improved protection against becoming infected with COVID-19
- Booster shots help prevent COVID-19 with symptoms

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html>

# Chat In

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Please unmute yourself or use the chat feature to share questions, ideas, success strategies, and/or lessons learned



Improvement is a Team  
Support



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# Leaving in Action

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Tips for success:

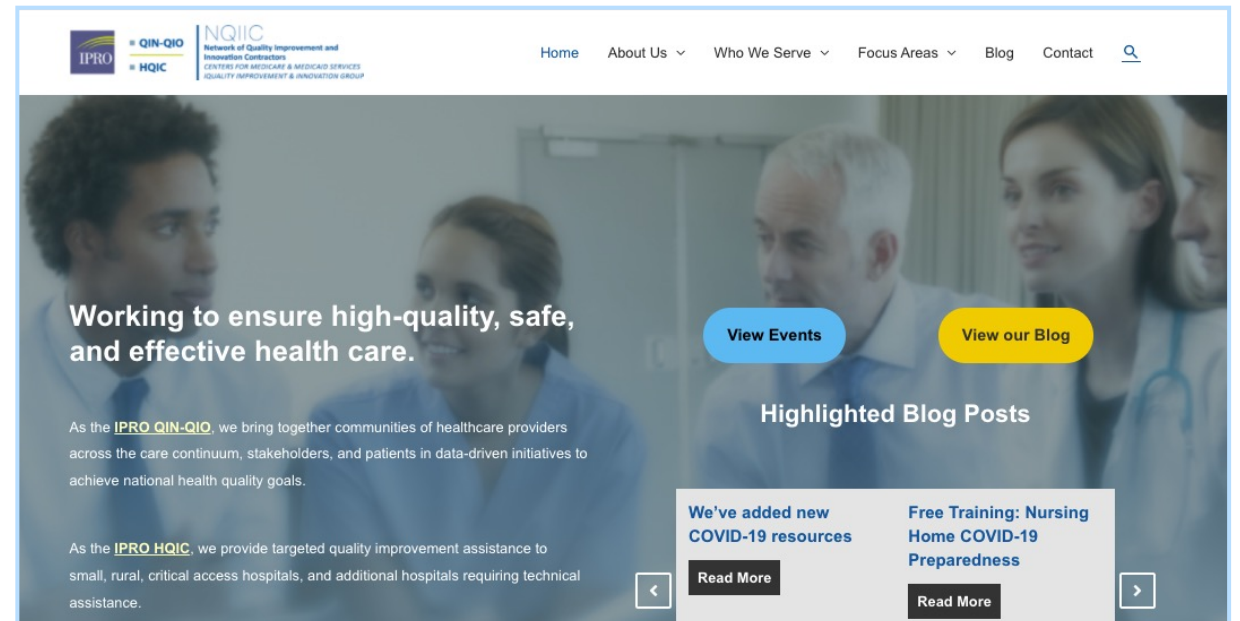
- Access tools from the IPRO QIN-QIO Resource Library: <https://qi-library.ipro.org/>
- Small steps of change: for example, start implementing the new process on one unit for two weeks, then evaluate and adjust as needed
- Reach out to our IPRO QIN-QIO team with questions or needs



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# Learn More & Stay Connected



## Follow IPRO QIN-QIO



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# Let Us Know More...

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Your feedback is critically important and will help guide us as we prepare future small Talks and other educational events.

Please take just a few minutes to complete our session evaluation, which will be sent by email to all registered attendees.

# Mark your calendar for upcoming sessions



Access our calendar of events to view upcoming sessions:

<https://qi.ipro.org/upcoming-events/>

5/19 & 5/25: *Health Equity  
Organizational Assessment (HEOA)  
Knowledge Builder Educational Series:  
An Overview of HEOA*

6/2 & 6/8: *Caring for Residents with  
Chronic Kidney Disease*

Check in with the QIO - Office Hours

- Share how it's going with your new intervention(s)
- Ask questions
- Learn from your peers

Next session: May 26 at 12 noon

<https://healthcentricadvisors.zoom.us/j/85491530818?pwd=SUlld3QyZllvQURJTVBFdzJndnRqdz09>



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# Thank You

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**Thank you for your continued partnership and commitment to quality improvement.**

