COVID-19 Updated Vaccine: What You Need to Know



COVID-19 is a disease caused by the SARS-CoV-2 Virus. It is highly contagious and can cause respiratory symptoms that can feel much like a cold, the flu, or pneumonia. COVID-19 disease can also affect other parts of the body. The best way to avoid serious COVID-19 complications and/or hospitalization is to stay up to date with the COVID-19 vaccine.

The CDC recommends that everyone aged 6 and up should get one updated mRNA COVID-19 vaccine to be up to date. The updated vaccine protects against the original COVID-19 virus and the latest Omicron strain currently causing illness.

You are eligible for an updated vaccine if you are aged 6 and up and:

- You have NOT received any of the previous COVID-19 vaccines, OR
- You have already received one or more of the original COVID-19 vaccines.

You may also be eligible for an ADDITIONAL dose of the updated vaccine if:

- You are age 65 years old or older, OR
- You have a weakened immune system.

Talk with your healthcare provider to see which recommendations are right for you.

The Centers for Disease Control and Prevention (CDC) recommends staying up to date with COVID-19 Vaccines: <u>https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.</u> <u>html</u>



Additional Resources:

Benefits of Getting a COVID-19 Vaccine (https://www.cdc.gov/coronavirus/2019-ncov/ vaccines/vaccine-benefits.html)

COVID-19 (CDC) (https://www.cdc.gov/coronavirus/2019nCoV/index.html)

Find a COVID-19 Vaccine Near You (<u>https://www.vaccines.gov/</u>)





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