

# COVID-19 Updated Vaccine: What You Need to Know



COVID-19 is a disease caused by the SARS-CoV-2 Virus. It is highly contagious and can cause respiratory symptoms that can feel much like a cold, the flu, or pneumonia. COVID-19 disease can also affect other parts of the body. The best way to avoid serious COVID-19 complications and/or hospitalization is to stay up to date with the COVID-19 vaccine.

The CDC recommends that everyone aged 6 and up should get one updated mRNA COVID-19 vaccine to be up to date. The updated vaccine protects against the original COVID-19 virus and the latest Omicron strain currently causing illness.

## You are eligible for an updated vaccine if you are aged 6 and up and:

- You have **NOT** received any of the previous COVID-19 vaccines, **OR**
- You have already received one or more of the original COVID-19 vaccines.

## You may also be eligible for an **ADDITIONAL** dose of the updated vaccine if:

- You are age 65 years old or older, **OR**
- You have a weakened immune system.

*Talk with your healthcare provider to see which recommendations are right for you.*

**The Centers for Disease Control and Prevention (CDC) recommends staying up to date with COVID-19 Vaccines:** <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>



## Additional Resources:

Benefits of Getting a COVID-19 Vaccine  
(<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/vaccine-benefits.html>)

COVID-19 (CDC)  
(<https://www.cdc.gov/coronavirus/2019-ncov/index.html>)

Find a COVID-19 Vaccine Near You  
(<https://www.vaccines.gov/>)