



You have three ways to find vaccines near you:

- Go to [vaccines.gov](https://vaccines.gov)
- Text your ZIP code to 438829
- Call 1-800-232-0233

For more information about protecting yourself and others from COVID-19, visit [cdc.gov/coronavirus](https://cdc.gov/coronavirus).

## Help Your Kids Be Kids This Summer



- Many of your children (age 12 and up) are eligible for the COVID-19 vaccine to help protect your child from getting, spreading or getting seriously sick even if they do get COVID-19.
- If you are fully vaccinated, you can resume activities that you did prior to the pandemic - like sports, summer camps, and traveling
- Your child may have some side effects, which are normal signs that their body is building protection.
- Plan to have two days following of light activity just in case they're having side effects

Find out more:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/adolescents.html>