

COVID-19 Provider Checklist

Precautions

- ✓ Special Droplet/Contact precautions per policy

Advanced Directives

- ✓ Code status:
- ✓ Specific advanced directives:

Activity/mobility

- ✓ Activity as tolerated
- ✓ Mobility

Rehab

- ✓ PT as indicated
- ✓ OT as indicated

Diet / Supplements

- ✓ Diet:
- ✓ House supplement 4 ounces with each med pass
- ✓ Offer 8 oz fluid in between meals unless contraindicated
- ✓ HS snack
- ✓ Increased assistance with meals

Labs

- ✓ CBC / CMP on admission
- ✓ PT/INR
- ✓ Repeat WBC day 5-7
- ✓ Lab other:

Oxygen

- ✓ May apply oxygen (2-4 l/m) via nasal cannula to keep oxygen saturation > 90 %
- ✓ Change oxygen tubing every 7 days and as needed
- ✓ O2 Sat every shift

VS/Assessment

- ✓ Vital signs every (4/8) hours and as needed
- ✓ Cough: Y / N
- ✓ Sore throat Y / N
- ✓ Dyspnea Y / N
- ✓ G/I complaints / symptoms Y / N
- ✓ Fatigue / general malaise Y / N
- ✓ Lack of appetite Y / N
- ✓ Asymptomatic Y / N

House Stock Meds

- ✓ Tylenol 325 mg (2 tabs) every 6 hours for fever / discomfort not to exceed 3 grams in 24 hours
- ✓ House cough syrup 10 ml by mouth every 4 hours as needed cough
- ✓ MOM 30 ml PO every day as needed constipation
- ✓ Dulcolax supp 10 mg PR daily PRN constipation
- ✓ Fleets enema, one PR daily PRN constipation

MISC

- ✓ Insert heparin well if IV fluids ordered
OR
- ✓ Insert subcutaneous catheter if hypodermoclysis ordered

Review All Medications frequently

- ✓ **Discontinue or downward adjust all but essential medications**
- ✓ **For opioids, sleep medications or other depressants**
 - **Do not write standing orders**
 - **Before ordering, carefully assess COVID-19 symptomatic suspects**
- ✓ **For anorexia and dehydration**
 - **Consider gently IV hydration**
 - **Monitor closely for pulmonary edema**

Be alert for thrombotic complications

Late Disease 10-21 days- These are not recurrences of COVID-19, are frequently bacterial in nature and respond to supportive care and appropriate antibiotic therapy

- ✓ **Watch for Severe**
 - **post-viral pneumonias (bacterial or viral)**
 - **UTIs**
 - **Gastroenteritis**
- ✓ **Sepsis**