# Nursing Homes Are an **Essential Part** of the Healthcare Landscape

Nursing homes are a vital part of the healthcare continuum, providing skilled nursing, rehabilitation, and long-term care to millions of older adults and individuals with complex medical needs. As the U.S. population continues to age and the demand for chronic and post-acute care grows, facilities play a critical role in supporting safe care transitions, enhancing health outcomes, and helping residents maintain dignity, independence, and quality of life.

Nursing homes operate in an increasingly complex environment, facing rising resident acuity, ongoing workforce shortages, and mounting regulatory demands. Delivering high-quality, resident-centered care in this landscape requires more than commitment alone. It calls for expert guidance, data-informed strategies, innovative technologies, and strong, collaborative partnerships across the care continuum.

If invited to participate in CMS's 13th Statement of Work (SOW) initiative to improve Medicare beneficiaries' healthcare outcomes, your organization can receive no-cost, hands-on support from experienced quality improvement advisors who will work directly with your team to:

- Collaborate with interdisciplinary care teams
- Utilize proven, evidence-based practices
- Enhance resident-centered care and clinical outcomes
- Improve resident and family satisfaction
- Support high standards of quality and safety

**Join us.** Let the Mid-Atlantic CMS QIN-QIO (Region 2) help you advance your facility's goals with personalized assistance designed to drive measurable, lasting improvements in care.



#### The Centers for Medicare & Medicaid Services

(CMS) has launched the 13th Statement of Work (SOW) under the Quality Innovation Network—Quality Improvement Organization (QIN-QIO) program. IPRO, along with collaborators Healthcentric Advisors and Qlarant, was selected to lead the Mid-Atlantic CMS QIN-QIO (Region 2).

Collectively this group will serve hospitals, nursing homes, and outpatient clinical providers across Delaware, Maryland, Pennsylvania, Virginia, West Virginia, and the District of Columbia on key aims for the next five years (2025-2030).

### **Organizational Benefits**

Our partnership is designed to help your team make measurable progress in key areas:

- Optimize Patient Safety: Improve outcomes of healthcareassociated infections requiring hospitalizations in short-stay residents, improve utilization of antipsychotic medications, increase drug regimen review with follow-up, and decrease pressure ulcers, falls, and adverse drug events.
- Reduce Readmissions & Emergency Department Visits:
   Enhance care coordination to minimize avoidable hospital readmissions and ED visits among short-stay and long-stay residents.
- Improve Behavioral Health Care: Equip your team with tools to manage pain, and screen for depression, suicide risk, and substance use.
- Promote Preventive Care: Increase vaccination rates (resident influenza, pneumococcal, and COVID-19 and healthcare personnel COVID-19).

## In addition to the priority aims, we'll support quality management infrastructure.



Quality Management Systems



**Emergency Preparedness** 



Workforce Planning



**Supply Chain** 



**Drug Shortages** 



Cybersecurity

When you agree to participate, a quality improvement advisor will be assigned to your facility to provide assistance tailored to your specific needs.

To get started, email QIN-QIOR2@ipro.org

#### Let's Collaborate

Gain access to essential tools and expert support to strengthen your quality improvement efforts.

- Customized Data Dashboards: Leverage nursing home-specific data to track performance, identify trends and create comparative benchmarking data at the facility, state, and region levels which will guide targeted quality improvement strategies.
- Evidence-Based Interventions: As active partners, our goal is to meet you where you are in your quality improvement journey. We will assist with implementing data-driven solutions to improve process and clinical outcomes.
- Tailored Assistance: Receive individual or group support from experienced quality improvement advisors and subject matter experts who will work directly with your team to address your specific challenges.
- Collaborative Learning: Connect with other nursing homes to share best practices, learn from peer experience, and strengthen your approach to resident-centered care. Access online learning modules and toolkits designed to support staff development and build quality improvement capacity.



"The educational resources that the QIO provided were vital to our infection control program and helped improve the quality of health in our nursing homes."

from a Nursing Home Administrator

"The QIO helped our organization get back on track and maintain regulatory compliance. For anyone in need of resources and support, I would recommend working with them."

 from a Nursing Home Corporation - Divisional Director of Quality Assurance