

COVID-19 Updated Shot: *What You Need to Know*



The Centers for Disease Control and Prevention (CDC) now recommends an extra COVID-19 shot for older adults and adults with weakened immune systems. Because the protection provided by the COVID-19 vaccine fades much more quickly for people 65 and older and people who have weakened immune systems, the CDC updated its COVID-19 vaccine recommendations to allow an extra dose of the updated shot.

CDC also made the vaccine recommendations simpler for everyone else. Everyone six and older should get one shot of the updated vaccine even if you have never had a COVID-19 shot before.

Not Sure If You Need One?

- No matter how old you are, if you have never received a COVID-19 shot you only need one updated dose.
- If you are 65 and older OR if you have a weakened immune system AND you have not had an updated dose in a while, it may be a good idea to get an extra dose of the updated shot.
- Talk to your healthcare provider or pharmacist to decide whether the COVID-19 updated shot is right for you.

The CDC recommends staying up to date on your COVID-19 Shot! Visit [CDC's website](#) for more information.



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